



BRRR BOX

grab 'n go: diy skincare kit



Included: Formulations for 3 skincare staples to fight dry skin this winter

Whipped Body Butter: A mango butter based formula for ultimate hydration without the greasiness. Whip into a fluffy soft cloud and use as-is or add your preferred scent for something totally you!

Inspired By: Creamy Tallow Body Butter recipe from Humblebee & Me

<https://www.humblebeeandme.com/creamy-tallow-body-butter/>

Coffee Sugar Scrub: A shea butter and sugar based formula to rid you of chapped lips, leaving you with soft moisturized skin. Use as-is or add your preferred scent for something totally you!

Inspired By: Mocha Lip Scrub recipe from Humblebee & Me

<https://www.humblebeeandme.com/mocha-lip-scrub/>

Lip Balm: A coconut oil based formula to hydrate and protect dry, cracked lips. Use as-is or add your preferred scent for something totally you!

Inspired By: Peppermint Beeswax Lip Balm recipe from Humblebee & Me

<https://www.humblebeeandme.com/peppermint-beeswax-lip-balm/>



WHIPPED BODY BUTTER

deep nourishment for dry skin



Included: Mason jar (contains- Mango butter, Grapeseed oil, Vitamin E)

You'll Need: Essential oil/ Fragrance oil, Whisk/ Hand mixer, Bowl

Instructions:

- Unscented-
 - Add base mixture to a bowl and whip (by hand or with an electric mixer) until light and fluffy. Scoop body butter back into jar and enjoy!
 - If body butter has a greasy feel, add cornstarch as you whip the mixture until you reach the desired result.
- Scented-
 - Add base mixture to bowl with 2-3 drops of fragrance OR essential oil. Then whip (by hand or with electric mixer) until light and fluffy. Scoop body butter back into jar and enjoy!
 - If body butter has a greasy feel, add cornstarch as you whip the mixture until you reach the desired result.



Usage: Massage body butter into your skin. Note- This product does not contain water, so does not require a broad spectrum preservative. Stored in a cool, dry place, this body butter should last 1 year. If you notice an odd smell or visible signs of rancidity, dispose of this product and do not continue to use it.



COFFEE SUGAR SCRUB

exfoliation for chapped lips



Included: (x2) Small plastic containers (container 1- Shea butter, Fractionated coconut oil, Grapeseed oil, Vitamin E; container 2- Coffee grounds, Cane sugar), wood stirrer

You'll Need: Essential oil/ Fragrance oil, Microwave safe dish/ Glass bowl

Instructions:

- Melt the contents of container 1 (the waxy base mixture) according to either microwave or double boiler instructions below.
 - Microwave- Heat in 10 sec increments in a microwave safe dish (we used a paper coffee cup) until fully melted.
 - Double boiler- Place waxy sugar scrub base in a glass bowl over a pot of boiling water and allow rising heat to melt the mixture.
- Scented (Optional)-
 - Once the base is fully melted, add 1-2 drops of lip flavoring oil OR essential oil and stir to combine. Because the dry mixture in this recipe includes coffee grounds, be sure to choose a complimentary flavor/ essential oil like vanilla or cocoa.
- Allow to cool to room temp, then mix together with dry ingredients (coffee grounds and sugar). Let set in fridge until solid, then stir to ensure sugar scrub is fully combined. Add finished product back to plastic containers.

Usage: Massage sugar scrub onto damp lips for approximately 30 secs. Rinse with water to remove remaining residue and finish with a moisturizing lip balm. Note- This product does not contain water, so does not require a broad spectrum preservative. However, if the product becomes mixed with water it will not stay shelf stable as the water can cause bacterial growth. Store this product in a cool, dry place and avoid introducing water into the mixture and should last 1 year. If you notice an odd smell or visible signs of rancidity, dispose of this product and do not continue to use it.



LIP BALM

moisturization and hydration for chapped lips



Included: Lip balm tube, Lip balm base wrapped in wax paper (contains- Beeswax, coconut oil, Grapeseed oil, Lanolin, Vitamin E), Pipette, Wood stirrer

You'll Need: Essential oil/ Fragrance oil, Microwave safe dish/ Glass bowl

Instructions:

- Melt lip balm base according to microwave or double boiler instructions below.
 - Microwave- Heat in 10 sec increments in a microwave safe dish (we used a paper coffee cup) until fully melted.
 - Double boiler- Place glass bowl containing lip balm base over a pot of boiling water and allow rising heat to melt the mixture.
- Scented/ Flavored (Optional)-
 - Once fully melted, add 1-2 drops of lip flavoring oil OR essential oil and stir.
- Quickly pour mixture into lip balm tube and allow to set at room temperature.

Usage: Use with sugar scrub or throughout the day for soft, moisturized lips. Note- This product does not contain water, so does not require a broad spectrum preservative. While beeswax makes this product semi-stable in heat, we still suggest storing this product in a cool, dry place to ensure it lasts at least 1 year. If you notice an odd smell or visible signs of rancidity, dispose of this product and do not continue to use it.